



NORTH DAKOTA
DEPARTMENT *of* HEALTH

NEWS RELEASE

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For More Information, Contact:
Loreeta Leer Frank or Stacy Eberl
Office of Public Information
North Dakota Department of Health
Phone: 701.328.2372
E-mail: rfrank@state.nd.us
sleberl@state.nd.us

Emergency and Terrorism Preparedness Guide Available

BISMARCK, N.D. – In an effort to educate the public about emergency preparedness, the North Dakota Department of Health will distribute an emergency and terrorism preparedness guide as an insert in this weekend's daily newspapers across the state.

Be Aware and Prepare contains information about preparedness efforts in North Dakota, as well as information about what kinds of terrorist threats are possible, how to protect your home and family, and where to learn more about terrorism and general emergency preparations. Checklists for a family emergency plan and an emergency supplies kit also are included.

"As North Dakotans, we're no strangers to disasters and emergencies," said State Health Officer Terry Dwelle, M.D., M.P.H.T.M. "We've often faced floods, blizzards, tornadoes and power outages. Although the risk of a terrorist attack occurring in North Dakota is low, we all should be aware and prepare for any natural disaster or public health emergency. No matter where we live or travel, we must be ready to expect the unexpected."

Be Aware and Prepare was developed by the Department of Health and funded through a grant from the U.S. Centers for Disease Control and Prevention. The booklet also can be downloaded from the department's website at www.ndhealth.gov. (Click on "Publications" on the top toolbar, then scroll down to "Emergency Preparedness and Response Section.")

"I encourage every North Dakotan to read this guide, save it for future reference, and take the recommended steps to be aware and prepare," said North Dakota Homeland Security Coordinator Doug Friez. "Making a family emergency plan and preparing an emergency supplies kit are important ways to keep your families safe in any emergency."

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600 E. Boulevard Ave. Dept. 301, Bismarck, North Dakota 58505-0200
Phone: 701.328.2372 Fax: 701.328.4727 E-mail: health@state.nd.us

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